Guide to Being a Second Year Resident
Disclaimer -

This is by no means to replace the resident's handbook, guideline, reference or any study guide. This has been put together after residents have gone through rotations to let you know what they experienced.

Professionalism Guidelines

Due on the 15<sup>th</sup> of each month for the previous month...

- Complete hospital dictations/charts
- Complete all evaluations on New Innovations
- Conference attendance
  - PGY I – 65%
  - PGY II – 75%
  - PGY III – 85%
- Check department email daily
  - Verified through random read receipts
- Vacation/leave requests must be made through New Innovations with a minimum of 90 days in advance (unless it is an emergency)
- Make up core conferences (Connie will send you an e-mail letting you know which ones need to be made up)
- New Innovations up to date
  - Duty hours
  - Curriculum reviewed
- Complete 8 hours of Challenger questions every month
- Participation in resident retreat
  - Verified by Chief residents
- Procedure documentation
  - Do not go more than two months without any procedure documentation
  - Document procedures through New Innovations
  - Should have 60% of procedures by your 1<sup>st</sup> year and 80% by your second year
- Sick time reported to Stacey (Renetta), rotation, and clinic. Also, document under work hours in New Innovations
- Office mail box addressed appropriately
- Check clinic/call schedule and verify post-call/ off days prior to these schedules being finalized if there is a problem let Renetta know
- Meet with your advisor every 4 months
- The first 3 months as a second year, you are required to check out every patient that you see in the ER/EC to your attending.

**ICU**

Contact: Pat Green (471-7891) pgreen@usouthal.edu

Daily Hours – ?? am to check out

- Non-call day
  - ?? am – See patients and write ICU “novels”
  - 9:00am (attending dependent)– ward rounds with MICU attending afterwards do ICU floor work
  - Noon conference at 12:00 for Internal Medicine but you are encouraged to attend FM 12:30 conference if approved by team members
  - All residents present until 4pm on regular days (fellow dependent)
- On call for ICU– Q4 (call room = 917/918)
  - Call for Family Medicine Resident should start on the 3rd of the month
  - 7am to 7am the next morning during which time you are responsible for new admissions. Post call day ends after rounds/ ICU floor work completed (unless you are approaching 30 hours)
- Off day – 1 day (maybe more?) Q week. Off days are usually Q4 (post-post call days).
- You will have clinic twice a week which always seems to be an issue. Let your team know when you have clinic, if there are any issues, please let the chiefs know.
- No Family Medicine Call this month

**Sports Medicine**

Contact: Dr. Linder and Dr. Bettencourt

Daily Hours-

- You will have 2 months of Sports Medicine during 2nd Year
- Clinic two half days a week – Monday and Wednesday AM
- Baldwin Bone and Joint Tuesday and Friday all day with Dr. Corbett starting at 9am (may be with another ortho doc)
- Baldwin Bone and Joint Thursday all day with Dr. Harcourt starting at 9am
- Monday afternoon Sports Medicine clinic with Dr. Linder at our clinic (SHAC)
- Wednesday afternoon Training Room at the University
- May have to help with Sports Physicals during this month
- You will take call for Family Medicine about 4 times during the month. You are encouraged to attend morning report the days you are on call.
- You will have to give a Sports Medicine Conference at noon conference one time each of these months. Your topic and date will be assigned to you.

Good time to get your 3 Game Coverages done and logged under procedures for New Innovations
Community Medicine 2

Daily Hours –

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<tr>
<th>AM</th>
<th>PM</th>
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<tr>
<td>Mon</td>
<td>FMC</td>
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<td>Project Time</td>
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<tr>
<td>Tues</td>
<td>School Health</td>
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<td>Occupational Medicine</td>
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<td>Wed</td>
<td>HIV Clinic</td>
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<td>Thu</td>
<td>Central Towers</td>
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<td>Penelope House</td>
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<tr>
<td>Fri</td>
<td>FMC</td>
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<td>Home Visits</td>
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- FMC – Family Medicine Clinic, Monday and Friday AM.
- Penelope House (PH) – We accompany Dr. Bogar out there on Thurs afternoons to address any minor health care needs that the women or children may have.
- Home visits – Technically you are required to have 5 home visits, one of which has to be a geriatric patient. This is to be completed by the end of your 3 years. There is a detailed checklist in the chiefs’ office.
- School health – You will have to do one to two presentations to the middle school children at Semmes Middle School. Contact Debbie Hembree at 434-3481 to set up a date and a topic. Please make your topic appropriate for a conservative middle school (no explicit pictures). You will need to let Tammy Amaya (the school nurse) know if you are going to use a power point presentation so that they can have a laptop set up for you.
- Project – Talk to an advisor about helping with a Practice Improvement Project and/or Scholarly Activity. This project may be one that is to be completed by the end of your CM month, or it may be the start of your third year project.
- Central Towers- contact Dr. Reddy about Central Towers. You usually are asked to be there at 9am. It is located at 300 Bayshore Ave.
- Occupational Medicine – with Dr. Ashton Blessey located at Springhill Medical Center, 210 Government Street. Contact his office prior to coming 433-8448 (secretary Meeta Nicholas)
- HIV Clinic – Located at Board of Health, 251 N. Bayou Street. Phone number is 690-8167, contact person Alfreda King (nurse). Start at 8:30 am. You will work with the Infectious Disease attendings and fellows. You will see the patient and then report to an attending.
- You will take call for Family Medicine about 4 times during the month. You are encouraged to attend morning report the days you are on call.

FMS

- You are now in charge of the service. Scary.
• Try to go to morning report the day before you start on wards, so you have a good idea about the patients and the list. You will delegate usually at least 5 patients for the intern to see and write notes on. You should know about all the patients on the service and see all of the patients.

• When you are on the 1st 6 months with a 3rd year, you are required to know all the patients and go to both hospitals. The 3rd year is there for you to discuss the patients with. The 3rd year should also be there to help teach. Take advantage of having them there (ask questions).

• When there is another 2nd year on with you, you can divide the two hospitals per 2nd year.

• Try to assign topics for morning report from time to time for the interns or students to present.

• You will have call every other Saturday and a couple of week nights (for a total of 4 calls)

• When working with students, have them chose when they will take call. They are to take one weekend call and 3 week night calls. They should not take call when there is an intern on call.

• PA students can see and write notes on 1-2 patients every morning. Someone on the team needs to write a note behind them. AI’s can write 3-5 notes every morning. You just need a brief note behind the AI’s note.

• If you are on call Friday night, you must write the notes for the patients in the am. If there is a lot of patients, the person coming in Saturday may want to help (Remember when you have to write notes after a Friday call, you would appreciate the help if the list is super long)

**General Surgery**

Contact - Surgical Associates of Mobile at Mobile Infirmary, Suite 212, Dr. Ringold
main phone # 251-433-2609

• You will work with the different surgeons at Surgical Associates of Mobile as scheduled in New Innovations.

• You will have clinic twice a week.

• You will have Lumps and Bumps clinic every Tuesday afternoon with Dr. Duffy or Dr. Motley

• You will have OB U/S clinic every Thursday AM with Dr. Molokhia or Dr. Perkins

• You will take call for Family Medicine about 4 times during the month. You are encouraged to attend morning report the days you are on call.

**GYN**

Contact – Dr. Sherman

• You will have 3 half days a week of clinic during this month

• You will have Reproductive Endocrinology Monday mornings

• You will go to BOH Tuesday mornings and work with Dr. Sherman

• You will have Geriatric GYN Wednesday mornings

• You will have Colposcopy clinic on Thursday afternoon with Dr. Atkinson or Dr. Motley at our clinic

• You will have OB ultrasounds at USA Women’s Health Center Friday mornings

• You will take call for Family Medicine about 4 times during the month. You are encouraged to attend morning report the days you are on call.
Jackson

Contact - Jared Ellis, MD  769-1242 ( c )  246-1360 (office)  246-7721 (home)
   jaredellis@att.net

- You will work with a group of doctors at a rural family practice clinic. Each of the doctor’s styles is very different. Usually on the first day, Dr. Ellis will give you a schedule of who to work with each day of the month.
- Call or email Dr. Ellis a couple days before starting to find out what time he wants you there. He is very good about getting back to you.
- You will mostly see patients in the clinic; however, you may go to the hospital for a delivery or for other inpatient care.
- You are allowed to stay in Jackson at the hospital in one of the hospital beds, if one is open. You may get kicked out if a patient needs that room, but it is always an option if you don’t want to drive every day.
- If you like procedures, Dr. Ellis does EGD’s in the mornings. Dr. Crosby does Colonoscopy’s. They do have stress tests every other Friday. Most of them do deliveries and C-sections there.
- You will take call for Family Medicine during this month about 3-4 times. Try to attend morning report that morning if you have Family Medicine Clinic at the SHAC

Directions to Jackson

1- 65 North to exit 19 "Creola" - Hwy 43 North
About 50 miles north to Jackson
Cross OVER the Tombigbee River bridge and you're getting close.
Go UNDER an overpass and you are almost there.
1/2 mile further on the Right is Mayton Drive, take that.
Landmarks are a school on the Right and Slayton Bros Saw and lawnmower shop on the left.
Go up the hill on Mayton drive and the hospital is on the Left. Turn Left into the parking lot.
The Family Medical Clinic is then on your right.
About 65-70 minutes from the mall area in Mobile to the clinic.

OB Night Float

Contact – OB Resident

- You are to be at L&D at 5pm for board checkout and leave after board checkout at 6am
- You will follow normal laboring patient’s to get vaginal deliveries. You will also help the intern with screening room patients. You can ask if they need help with other patient’s notes.
- You can assist on C-sections (Need to have logged 10 1st assists)
- You will get more deliveries if you are present and proactive.
- Even if students are present for delivery, if you need deliveries make sure to do the delivery and have them assist. You need to have logged a total of 40 vaginal deliveries throughout the 3 years of residency.
- Also, a good time to get your FSE/ IUPC’s done (need to log a total of 5).
Your month is dependent on the OB night float team. You and the OB intern will share the vaginal deliveries during the month. If you are having issues getting vaginal deliveries, let one of the chiefs know.

- No Family Medicine call during this month.
- You will have clinic Monday PM and Friday AM. You will work nights M-Thursday.

Cardiology

Contact the Fellow who will be on during your month or Cindy, secretary for cardiology (cschnittl@usouthal.edu or phone 471-7923)

- You will see Consult patients every morning and round with the cardiology team. The team meets in the Heart Station in the am (time is dependent on the attending)
- You will also do consults during the day. There should be 2 Internal med residents on the team to share the workload.
- You are required to read 50 EKGs this month with the fellow or the attending and get them signed off.
- There are 2:30 pm conferences by the Cardiology attending most days that you should attend unless you are in clinic that day. These conferences are on the 10th floor of the hospital, Suite C
- Attend Family Medicine noon conferences every day except Fridays when there is a Cardiology noon conference.
- You will take call for Family Medicine about 4 times during the month. You are encouraged to attend morning report the days you are on call.
- There will be an EKG test scheduled during the month
- You have clinic 2 afternoons a week.

Just a couple more general points

- Help out the first years.
- Document all phone calls and ER visits on the sheets and give them to Renetta the following work day.
- Everyone is a role model- please be a good one.
- Keep in contact with faculty while on call.
- Ask questions.
- Take Step III before January of your 2nd year and get your license. Make sure Stacey has a copy of your Step III scores and license. In order to get your license on time, you should start applying for it by July of your 2nd year.
- Moonlighting must be preapproved.
- Show up to your rotations and be on time.
- Be on time for morning report with your work done.
- Get research topic nailed down.
- Be on time at the clinic. Clinic will be busier.
- Please help with recruiting.
- Know the core competencies.
- Keep up with your professionalism duties.
- All OB patients must be checked out to the OB attending on call.
- Study for the in training exam by doing your Challenger Questions and old in training exams.
- Interns cannot be left alone the first six months. You must stay at the hospital during these first six months even if you live close enough to go home.

GOOD LUCK!