

**SELECTED ORAL BENZODIAZEPINES AND  
NON-BENZODIAZEPINE BENZODIAZEPINES IN THE U.S.**

(With approximate equivalencies to diazepam 10 mg)

	<b>Half-life (hours) [active metabolite]</b>	<b>Equivalent dosages (mg)</b>	<b>Primary Market Aim</b>
<b>Benzodiazepines</b>			
Alprazolam (Xanax)	6-12	0.5	anxiolytic
Chlordiazepoxide (Librium)	5-30 [36-200]	25	anxiolytic
Clonazepam (Klonopin)	18-50	0.5	anxiolytic, anticonvulsant
Clorazepate (Tranxene)	[36-200]	15	anxiolytic
Diazepam (Valium)	20-100 [36-200]	10	anxiolytic
Estazolam (ProSom)	10-24	1-2	hypnotic
Flurazepam (Dalmane)	[40-250]	15-30	hypnotic
Lorazepam (Ativan)	10-20	1	anxiolytic
Oxazepam (Serax)	4-15	20	anxiolytic
Temazepam (Restoril)	8-22	20	hypnotic
Triazolam (Halcion)	2	0.5	hypnotic
<b>Non-benzodiazepine benzodiazepines</b>			
Zaleplon (Sonata)	2	20	hypnotic
Zolpidem (Ambien)	2	20	hypnotic
Eszopiclone (Lunesta)	6-9	3	hypnotic

Adapted from Ashton, C. Heather; Benzodiazepines: How They Work And How To Withdraw.